



womenshealth.gov I-800-994-9662 TDD: I-888-220-5446

## Baby Wish List

## PRINT-AND-GO GUIDE

Print out a copy of this handy list. You might not need or want all the items listed. You also can add items not listed here. Ask moms you know about the items they couldn't live without and the items they never used. Some items you will want to purchase new. But keep in mind that babies outgrow clothing and supplies quickly. So, you may want to borrow many of these items or use hand-me-downs. Just be sure to check out product safety and recall information.

Clothing	☐ Baby nail clippers
<ul> <li>Onesies or rompers, depending on how often you want to do laundry</li> </ul>	☐ Nasal aspirator
☐ Sleepwear, including a blanket sleeper for cold weather (if needed)	<ul><li>☐ Infant acetaminophen drops</li><li>☐ Pacifiers</li></ul>
☐ Baby socks	<u> </u>
☐ Hats, for warmth and for sun protection	<b>U</b>
	Nursery Basics
	☐ Crib or bassinet with mattress
<u> </u>	☐ Crib bedding
Baby Care	☐ Waterproof mattress pad
☐ Receiving blankets	☐ Mobile
☐ Diapers	<ul> <li>Changing station with changing pad and covers</li> </ul>
Baby wipes	☐ Diaper pail
☐ Diaper rash cream	□ Dresser
Digital rectal thermometer	Glider or rocking chair
<ul> <li>Baby bathtub or insert for your regular tub</li> </ul>	☐ Hamper
☐ Baby shampoo and body wash	<b></b>
☐ Baby lotion	<b></b>
☐ Hooded baby towels, or soft regular towels	
☐ Baby washcloths, or soft regular	

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washcloths

## HEALTHY PREGNANCY





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Feeding Needs	Entertainment Needs
☐ Nursing pillow	☐ Bouncer
☐ Breast pump	Play mat or play gym
☐ Breastmilk freezer storage containers	☐ Swing
☐ Bottles and nipples	☐ Infant toys, such as stuffed toys,
☐ Bottle brush	rattles, and teethers
☐ Bottle drying rack	☐ Books
☐ Bibs	<b>_</b>
☐ High chair	<b>_</b>
<b></b>	
<b>_</b>	Safety Items
	☐ Baby monitor
Travel Gear	☐ Baby gates
☐ Diaper bag	Outlet plugs
☐ Diaper changing pad	<b></b>
☐ Infant car seat	
☐ Infant carrier or sling	
☐ Stroller	
☐ Portable crib	
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